

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani
Sheila Pomeroy

DATE: September 14, 2001

RE: Adult Outpatient Caseload and Insurance Coverage

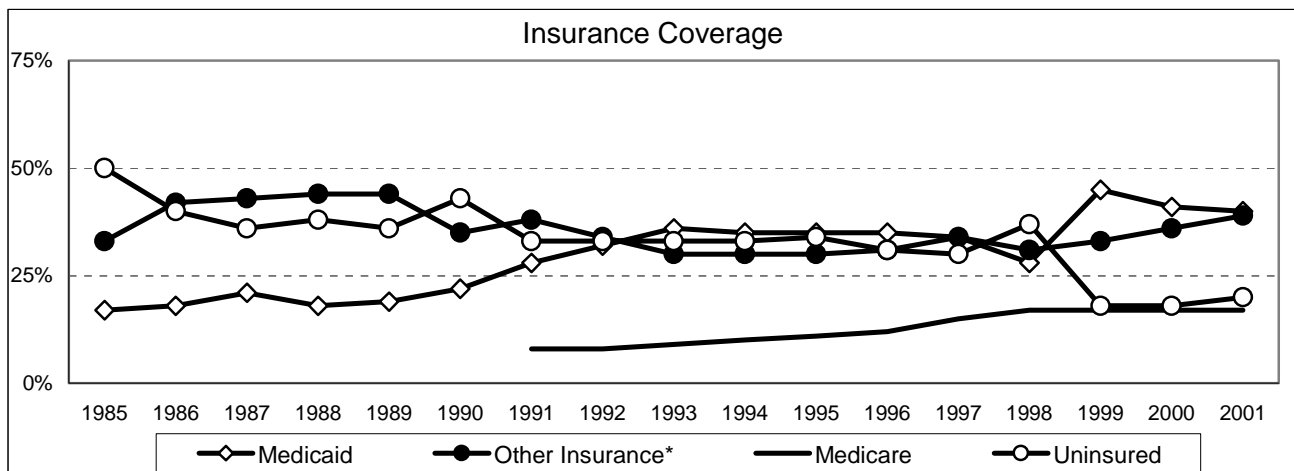
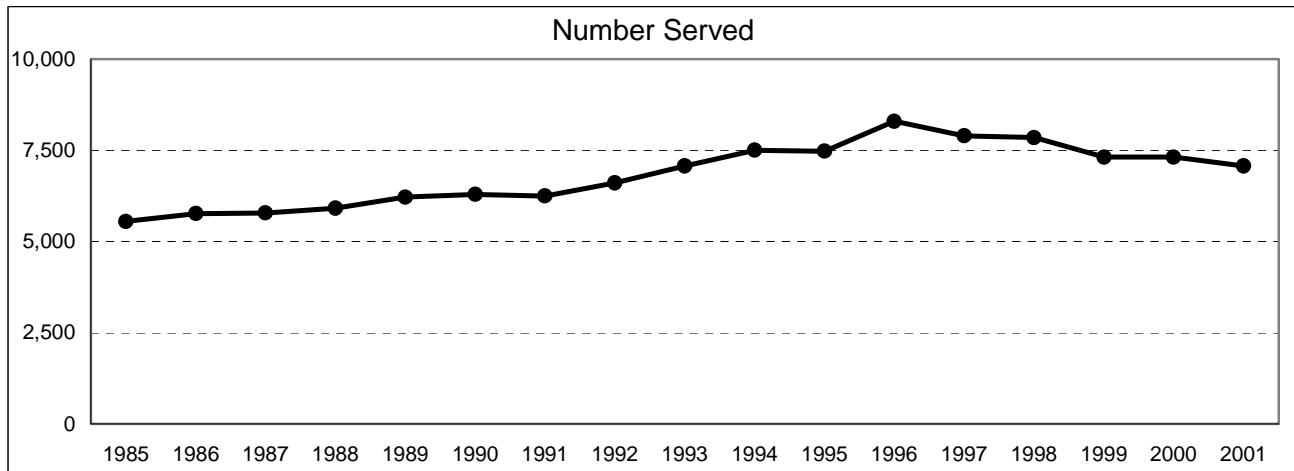
We have received a number of requests for information regarding changes in Adult Mental Health Outpatient Programs and caseloads. Adult Outpatient Programs serve individuals over 18 years of age who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. The attached table and graphs provide an overview of this caseload for the past 17 years: 1985 through 2001. This profile is based on Quarterly and Monthly Service Reports submitted to DDMHS by designated community agencies.

As you will see, the number of people served by Adult Outpatient Programs statewide increased from 5,555 in 1985 to almost 8,300 in 1996, but has decreased since then to a total of 7,074 in 2001. The change between 1985 and 1996 represented a 49% caseload increase. The change from 1985 to 2001 represents a 27% caseload increase. (When the impact of increasing population is considered, the increase in people served per 1,000 population between 1985 and 2001 was 14%.)

The changes in insurance coverage of people served by these programs were more substantial. The proportion of Adult Outpatient clients who were covered by Medicaid increased from 17% in 1985 to 40% in 2001. During this same period, the proportion of Adult Outpatient clients who were uninsured decreased for 50% in 1985 to 20% or less during 1999 through 2001.

We look forward to your comments, questions, and requests for more information regarding the changes in Adult Mental Health or other community mental health programs over the past 17 years. We will be happy to hear from you at jpandiani@ddmhs.state.vt.us or 802-241-2638.

People Served by Adult Mental Health Outpatient Programs Fiscal Years 1985 - 2001



	Total Number Served	Insurance Coverage			
		Medicaid	Other Insurance*	Medicare	Uninsured
2001	7,074	40%	39%	17%	20%
2000	7,316	41%	36%	17%	18%
1999	7,315	45%	33%	17%	18%
1998	7,847	28%	31%	17%	37%
1997	7,902	34%	34%	15%	30%
1996	8,296	35%	31%	12%	31%
1995	7,480	35%	30%	11%	34%
1994	7,508	35%	30%	10%	33%
1993	7,069	36%	30%	9%	33%
1992	6,607	32%	34%	8%	33%
1991	6,250	28%	38%	8%	33%
1990	6,298	22%	35%		43%
1989	6,219	19%	44%		36%
1988	5,913	18%	44%		38%
1987	5,790	21%	43%		36%
1986	5,766	18%	42%		40%
1985	5,555	17%	33%		50%

*From 1985 - 1990 Other Insurance included Medicare.

Based on quarterly and monthly service reports submitted to DDMHS by designated Community Mental Health Providers.